

 = Major Events

 = Monthly Event

 = Community Activities

JANUARY 2021

Wednesday 6, 13, 20 & 27 January

Falls Prevention - Concert Chambers, starts at 11:00am

Community based ongoing peer-led classes for men and women over 65 to improve balance, leg strength, flexibility and general fitness. For more information, please contact Diane on 07-322-8489 or 027-524-7407.

Tuesday 12 (9:00am) - Thursday 14 (4:00pm) January

Canoe Slalom BOP All-Comers January Camp - Firmin Lodge & Tarawera River

The All-Comers Summer Camp is a fantastic opportunity for everyone to develop their kayaking skills, with the Tarawera River providing options to cater for every level. Along with the great river, you can come and enjoy the excellent facilities at Firmin Lodge just a stone's throw away from where we will be training. For more information, please email Anna Swindells on Camps@canoeslalombop.co.nz or visit our website <https://canoeslalombop.co.nz/> and facebook page <https://www.facebook.com/Canoeslalombop/>

Tuesday 12, 19 & 26 January (Weather pending)

Hikitia Te Hā/Uplifting The Breath - Kawerau Rose Garden, starts at 10:00am

Hikitia Te Hā is a series of simple Te Ao Māori breathing exercises that anyone can learn. Focusing on our breathing calms the body and mind, and is a very helpful practice for feeling present and mindful. For more information, please contact Sheryl Laws Patangata on 027-292-3446 or 07-323-8170.

Thursday 14, 21 & 28 January

Hikoī Mō Ora/Walk for health - Outside Kawerau Pools, starts at 10:00am

An opportunity to meet other likeminded people for good health & wellness. For more information, please contact George Mastenbroek on 022-530-4010.

Thursday 14, 21 & 28 January

Kawerau Ukulele Club - Catholic Church, 121 Onslow Street from 1:00pm to 3:00pm

Come be a part of a group who foster positive relationships through music. For more information, please contact one of the following: Robyn on 07-323-6281 or Lisa on 07-323-8912.

Thursday 14, 21 & 28 January (Weather pending)

Kawerau Urban Food Forest - Monika Lanham Reserve, River Road, back of South School, 10:00am to 12:00pm

We are always looking for volunteers. All you need is time and a willingness to learn. Workshops are available to create and promote sustainability with a community driven approach. For more information, please contact Kawerau Life Konnect on 07-282-3084.

Monday 18 January

Kawerau Toastmasters - Catholic Church, 121 Onslow Street from 7:00pm to 9:00pm

If you struggle with speaking to groups of people or even to an employer about situations regarding personal matters, then come and give Toastmasters a go. Learn how to speak with confidence and reassurance, in a small and vibrant group and learn how to speak words correctly and with power. For more information, please contact John on 022-051-9040.

Thursday 21 & 28 January

Keep on your feet Kawerau - Bert Hamilton Hall, 4 Porritt Drive from 10:00am to 11:00am

This class is designed for adults 65+ to improve strength and balance for the purpose of falls prevention, and increased wellbeing and independence. For more information, please email Rachel Garden on rachelg@sportbop.co.nz or contact her on 021-191-6544.

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JANUARY 2021

Friday 22 & 29 January

Gentle Yoga - Bert Hamilton Hall, starts at 9:30am

Gentle Yoga for the older person and beginners. For fun, community friendship and social interaction. For more information, please contact Loretta on 021-236-1859.

Thursday 28 January (Weather pending)

Community Markets - Circus Paddock on Plunket Street, starts at 8:00am

Kawerau's monthly daytime market. Selling an array of goods, knitting, fruit, trees, sewing, apparel wear, second hand clothing and many other items. Come one come all and check out the bargains and the amazing prices. Always a great atmosphere with lots of friendly people! For more information, please contact Graeme Webb on 021-043-2437.

Monday, Tuesday & Thursday's

Summer Opening Hours & Aqua classes - Kawerau Pools, Plunket Street

Aqua Bells are Monday and Thursday evenings starting at 6:00pm.

Morning Aqua classes will continue on the 5th of January Tuesday's and Thursday's from 8:30am to 9:30am.

Green prescription customers are welcome.

Summer Opening Hours

Monday - Friday 8am to 6pm

Saturday & Sunday 8am to 8pm

All pools are cleared 30mins before closing time (Cleared 5:30pm daily from Monday - Friday)

If you wish to book the Maurie Kjar Memorial Swimming Pool complex for private hire, please contact the Kawerau District Council on 07 306 9009.

