

- = Major Events
- = Monthly Event
- = Community Activities

## FEBRUARY 2021

### Monday 1 & 15 February

#### **Kawerau Toastmasters** - Catholic Church Hall, 123 Onslow Street from 7:00pm to 8:30pm

If you struggle with speaking to groups of people or even to an employer about situations regarding personal matters, then come and give Toastmasters a go. Learn how to speak with confidence and reassurance, in a small and vibrant group and learn how to speak words correctly and with power. For more information, please contact Andrew on 021-087-66836.

### Thursday 11 & 25 February (Weather pending)

#### **Community Markets** - Circus Paddock on Plunket Street, starts at 8:00am

Kawerau's monthly daytime market. Selling an array of goods, knitting, fruit, trees, sewing, apparel wear, second hand clothing and many other items. Come one come all and check out the bargains and the amazing prices. Always a great atmosphere with lots of friendly people! For more information, please contact Graeme Webb on 021-043-2437.

### Sunday 21 February

#### **Bay of Plenty Championships** - Firmin Lodge, Tarawera River. **ALL DAY EVENT**

The Bay of Plenty Champs is held on the lower course of the Tarawera River in Kawerau. A great opportunity to practice your white water race skills and is suitable for all with some white water experience. Registrations close Friday 12th February at midnight. For more information, please email Kim Blair on [Races@canoelalombop.co.nz](mailto:Races@canoelalombop.co.nz) or register on their website <https://www.sporty.co.nz/viewform/154553>

### Friday 26 February

#### **Diabetic Support Group** - Kea Building, 60 Onslow Street from 1:00pm to 3:00pm

Come along and join. Everyone is more than welcome to come and partake in the knowledge of how to live better with this INVISIBLE GUEST. For more information on venue updates, please contact Brett Pacey on 07-323-8887 or 027-283-3597.

### Monday, Tuesday & Thursday's

#### **Summer Opening Hours & Aqua classes** - Kawerau Pools, Plunket Street

Aqua Bells are Monday and Thursday evenings starting at 6:00pm. **GOLD COIN DONATION**  
Morning Aqua classes are Tuesday's and Thursday's from 8:30am to 9:30am.

**Green prescription customers are welcome.**

#### Summer Opening Hours

Monday – Friday 8am to 6pm

Saturday & Sunday 8am to 8pm

All pools are cleared 30mins before closing time (Cleared 5:30pm daily from Monday - Friday)

If you wish to book the Maurie Kjar Memorial Swimming Pool complex for private hire please contact the Kawerau District Council on 07 306 9009.

### Tuesday's

#### **Hikitia Te Hā/Uplifting The Breath** - Kawerau Rose Garden, starts at 10:00am

Hikitia Te Hā is a series of simple Te Ao Māori breathing exercises that anyone can learn. Focusing on our breathing calms the body and mind, and is a very helpful practice for feeling present and mindful. For more information, please contact Sheryl Laws Patangata on 027-292-3446 or 07-323-8170.

### Tuesday's

#### **Men's Morning Tea** - Kawerau Presbyterian Church, 50 Onslow Street from 10:00am to 11:00am

An opportunity for men of all ages and backgrounds to meet within a friendly space and enjoy a chat. For more information, please contact Bob on 07-323-7626.

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### Wednesday's

**Falls Prevention** - Concert Chambers, starts at 11:00am

Community based ongoing peer-led classes for men and women over 65 to improve balance, leg strength, flexibility and general fitness. For more information, please contact Diane on 07-322-8489 or 027-524-7407.

### Thursday's

**Hikoi Mō Ora/Walk for health** - Outside Kawerau Pools, starts at 10:00am

An opportunity to meet other likeminded people for good health & wellness. For more information, please contact George Mastenbroek on 022-530-4010.

### Thursday's

**Keep on your feet Kawerau** - Bert Hamilton Hall, 4 Porritt Drive from 10:00am to 11:00am

This class is designed for adults 65+ to improve strength and balance for the purpose of falls prevention, and increased wellbeing and independence, entry is \$3.00. For more information, please email Rachel Garden on [rachelg@sportbop.co.nz](mailto:rachelg@sportbop.co.nz) or contact her on 021-191-6544.

### Thursday's

**Kawerau Ukulele Club** - Catholic Church Hall, 123 Onslow Street from 1:00pm to 3:00pm

Come be a part of a group who foster positive relationships through music. For more information, please contact one of the following: Robyn on 07-323-6281 or Lisa on 07-323-8912.

### Thursday's (Weather pending)

**Kawerau Urban Food Forest** - Monika Lanham Reserve, River Road, back of South School, 10:00am to 12:00pm

We are always looking for volunteers. All you need is time and a willingness to learn. Workshops are available to create and promote sustainability with a community driven approach. For more information, please contact Kawerau Life Konnect on 07-282-3084.

### Friday's

**Gentle Yoga** - Bert Hamilton Hall, starts at 9:30am

Gentle Yoga for the older person and beginners. For fun, community friendship and social interaction. For more information, please contact Loretta on 021-236-1859.

