

# final thoughts...

“You can never get a cup of tea large enough or a book long enough to suit me.”

- C.S. Lewis

The Word of the Month.

## tawdry

adjective | TAW-dree

Something described as tawdry is cheap and gaudy in appearance or quality. It's often used to describe something considered morally bad or distasteful, as in a tawdry tale of political skulduggery.”

According to Merriam-Webster Dictionary online, in the 7th century, Etheldreda, the queen of Northumbria, renounced her husband and her royal position in order to become a nun. She was renowned for her saintliness and is said to have died of a swelling in her throat, which she took as a judgment upon her fondness for wearing necklaces in her youth. Her shrine became a principal site of pilgrimage in England. An annual fair was held in her honor on October 17th, and her name became simplified to St. Audrey. At these fairs various kinds of cheap knickknacks were sold, along with a type of necklace called *St. Audrey's lace*, which by the 16th century had become altered to *tawdry lace*. Eventually, *tawdry* came to be used to describe anything cheap and gaudy that might be found at these fairs or anywhere else.

## Ihu o Hinetakurua

1. (noun) winter solstice.

The winter (mākeremumu) solstice is the name for the solstice that occurs in June (22nd June) in Aotearoa New Zealand.

## mākeremumu

1. (personal noun) winter.

## Get Skinny Jump

Subsidised broadband for kiwi homes

Skinny Jump is the brainchild of the Spark Foundation.

They want to ensure that as many kiwis as possible have broadband in their homes. The modems are free and come preloaded with 35gb of data, after that you use a prepaid service to top up with as little as \$5.

If you think this might help you or someone you know, pop into the library on Tuesdays or Thursdays to talk to Sue Gould about whether Skinny Jump is suitable for your needs.

**Please Note:** Not all areas have coverage.

To see if your address is covered go to <https://www.skinny.co.nz/jump/home/>, scroll down the page a bit and type in your address.



Antenno is a free online app that sends you notifications and alerts you to what's going on in Kawerau and other areas that you have links to.

You can use to report any issues that you see around Kawerau, straight away! It allows you to include useful details such as a photo of what you have seen and your report is sent straight to Council so they can act as quickly as possible.

You will find antenna on the App Store or Google Play Store. Come into the Library if you want help to download and learn how to use this very helpful app.



# Kawerau District Library & Sir James Fletcher Museum

## Paenga-whāwhā | April 2023

### Key Dates

#### Important Dates:

Daylight savings ends – Sunday April 7th

Anzac Day, Tuesday 25th April - Closed

School Holidays, 13th April – 28th April

#### Normal Library hours are:

Mon – Fri 10am – 5pm  
Saturday 10 am – 1 pm  
Sunday CLOSED



### What's On,

#### The Book Club meet:

4th April 2023 – 10.30 am

Meets 1st Thursday each month

#### Lego Club:

Monday 8th April – 3.30 – 4.30pm

School Holiday Program

15th April – 26th April

### This Month's News

*Come on now – 'fess up – how many easter eggs or chocolate did you consume, or have you yet to consume?*

April is another very busy month. Hot on the heels of Easter, we have school holidays and Anzac Day. Plus, we all turn back the clock for daylight saving on April 7<sup>th</sup> so the lovely long days of summer turn into long dark winter evenings by the heater or in front of the fire. You will of course need books – lots of books!

Make sure you check out the new release section in the library, there are some stunning new reads to enjoy. Anyone want to garden Harry Potter style? Yes, really, it's a thing and an interesting read if you're a fan.

The Library and Museum has lots of activities to help keep the family entertained and active during the next month, starting with the school holidays. To begin we have the Lego '6 Week Brick Challenge!' The competition is open for those young and not so young Lego enthusiasts. You will want to get the whole family involved after you read this month's book reviews.'

The April school holiday activities comprise of art, Lego (*of course*) pom poms, creating a wreath for Anzac Day and a colouring in competition. But the best has the be building your own balloon powered car! Keep an eye on the Facebook page for specific dates.

For the adults, come in and get your good reads and then stay awhile to learn all about 'Ngā Pou o Te Tini o Kawerau' or The Carvings of the People of Kawerau. There are great photos of the old field where the supermarket and mall are now and the pou stand. It's great history for the whole family to learn.

**Kawerau District Library has decided to run a 6 Week Brick challenge!**

Each week we'll unveil an exciting theme and invite everyone to dive in and create something that aligns with it. Whether you prefer building at the library using our LEGO collection or crafting your masterpiece at home, the choice is yours. Submit your creations through photos for a chance to win weekly prizes. Join us for our grand LEGO celebration day on Saturday 4th of May, where we'll announce the ultimate winner!

Competition starts: Monday 25th March  
Competition ends: Saturday 4th May

## Online e-Books & Audio Books

### Libby.

The library reading app.



Libby makes it simple to listen when, where and how you want. Swipe on the book cover to skip backward or forward. Increase playback speed up to 3x. You can also set a sleep timer until the end of the chapter for 5, 10, 30 minutes or more.

Libby's eBook reader makes it easy to customize how you read. You can adjust the eBooks font size, book layout, and lighting. As you read you can also add bookmarks, create notes and highlights, and define words.

There are thousands of eBooks and audio books, hand selected by your library which are available for reading on the Libby App.

Explore the collection through catalog guides, subjects, featured titles, and curated lists. '

Learn more about the app from your library or download it from: [Libbyapp.com](http://Libbyapp.com)

### Nove-L Northern Virtual e-Library

Nove-L is the virtual library that provides access to eBooks and eAudiobooks for all ages through the Libby app.

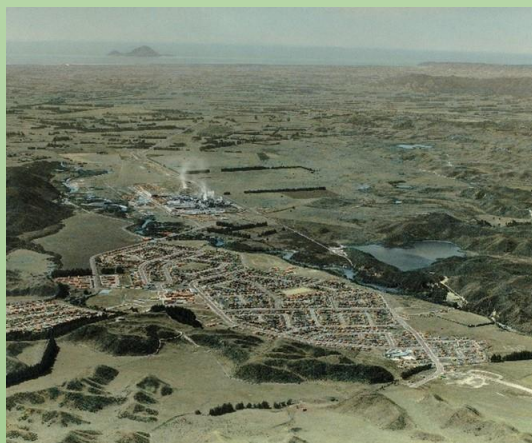
You can search for books of all genres, graphic novels, cookbooks, children, and teens titles. There is something for everyone to enjoy.

Search online using [novel.overdrive.com](http://novel.overdrive.com) to find the titles you want – (it's easy to search using a large screen), and when you find a book, simply put your card details in and then log into your Libby App to find your newly borrowed book waiting for you.

# Museum News

## Seventy Years of Council and the Community

On the 31<sup>st</sup> March 1954, the Governor General by Order in Council established the Borough of Kawerau, excising 1330 acres from the Territory of Whakatane County. On the 1<sup>st</sup> April 1954, this decision was publicly notified with Mr. Francis Prideaux announced as Town Commissioner. A new Council and community were now underway.



The Sir James Fletcher Kawerau Museum is celebrating this 70-year anniversary with an exhibition display in the front windows of 16-18 Jellicoe Court. There's been a lot of change since Mr. Prideaux began planning roads and services, so check out the great photos in the windows this month.

## Winter Trivia...

1. The word 'winter' comes from an old Germanic word. What does it mean?
2. 'Winter is Coming' is a famous quote from which TV Series?
3. What seasonal movement is performed by birds in winter?
4. On which movies can you see a tap-dancing penguin named Mumble?
5. What's the coldest temperature ever recorded at ground level on Earth?

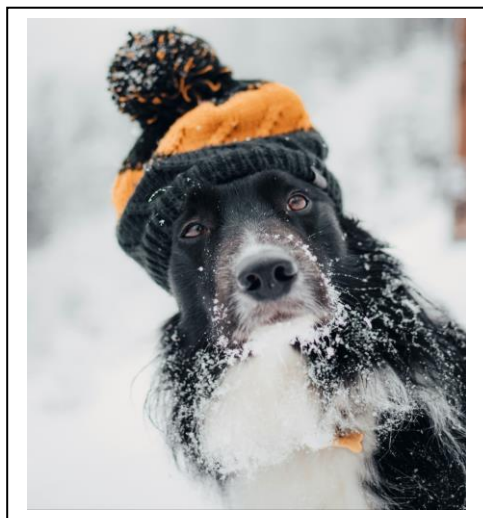
### Answers:

1. **Time of Water**
2. **Game of Thrones**
3. **Migration**
4. **Happy Feet**
5. **-89.2°C**



# How reading helps – Hauora | Wellbeing

## The benefits of reading for Winter Wellness



Last month we spoke about the foundations of wellness in relation to reading and the different platforms that inform human health and wellbeing.

We're coming into the colder months where the days are shorter and the nights longer. Not everyone thrives during this time. Leading into winter you may be surprised to learn that our bodies go through some specific changes.

Did you know that when the temperature drops below 18<sup>o</sup> Fahrenheit our bodies start to conserve energy by slowing down the metabolism and reducing physical activity levels? It's thought that shorter days and less daylight may trigger a chemical change in the brain leading to feelings of sadness and periods of lethargy.

No wonder we can feel a bit sluggish and less alert than we do in the warmer seasons. We might sleep more, be less inclined to exercise or leave the house. So if you start feeling this way, know that it's normal, and find ways that you can uplift yourself and create a 'Winter Wellness Wonderland' for your whanau.

For example:

- Maintain a good sleep schedule,
- Go outside, get fresh air every day,
- Enjoy comforting, warm drinks,
- Make time for family and friends,
- Start a new hobby or put some more time into an existing one,
- Keep warm,
- Read, read, and read some more...

Keeping yourself motivated doesn't have to be difficult. It's the small steps that make it work. Organise with family to have a potluck dinner, then afterwards have a game of charades with the kids. Think about comfort foods, such as soup, lasagna or a good boil up. Build blanket forts where everyone can lie down and read a book. Or create some other world magic by reading a suitable teens or adult book one chapter at a time out loud to the family.

And of course, come and visit your local library...there's always a warm welcome here.

## April - New Titles

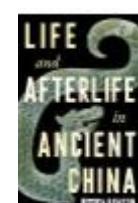
### Fiction



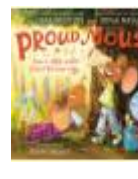
### Young Adult Fiction



### Non-Fiction



### Junior Fiction



### Self Help – Non Fiction



See the full list of new titles

## Living with inattentive ADHD: climbing the circular staircase of Attention Deficit Hyperactivity Disorder.

If you live with someone who has ADHD, life can seem chaotic and a never ending stream of meltdowns, trip to the school, or pulling your hair out in frustration. This book helps us to understand the murky world full of risks and challenges, waiting for diagnosis and treatments, and also gives prescriptive and firsthand experiential solutions. Once you learn exactly what ADHD is and how it affects family friends and social interactions, the stigma begins to fade and the strategies that help live with the diagnosis can begin to shine through. Whether you have lived with ADHD yourself, or you have a child or family member with ADHD this book is a must read.

